

Avoid Carbon Monoxide Poisoning

The improper use of alternative power sources such as portable generators can cause carbon monoxide poisoning.

DO NOT USE GAS-POWERED EQUIPMENT, GENERATORS AND TOOLS INDOORS.

Take the following steps to avoid carbon monoxide poisoning:

- Do not place a portable generator in an enclosed area like a garage or near a window, door or fresh-air intake.
- Place the generator at least 50 feet from the home, if possible, or as far away as you can.
- Do not place a generator too near a neighbor's residence.
- Do not use gas-powered equipment or tools indoors.

The symptoms of carbon monoxide poisoning include:

- A mild headache that becomes a throbbing headache.
- Shortness of breath.
- Irritability.
- Emotional instability.
- Poor judgment.
- Memory loss.
- Getting very tired very quickly.

Symptoms can get worse rapidly and can cause coma and death.

Take the following steps if you think someone has symptoms of carbon monoxide poisoning:

- Remove everyone from the building immediately.
- Provide fresh air.
- Call for medical assistance.

For more information about carbon monoxide poisoning, contact the Rolette County Public Health District at 701.477.5646 or the North Dakota Department of Health Division of Air Quality at 701.328.5188.